



**JST**  
CONSULTANTS



JST CONSULTANTS IS A BRAND  
UNDER JST CORP PVT. LTD.



**TEAM BUILDING WORKSHOP  
ORGANIZATIONAL RETREAT  
PROFESSIONAL SKILL BUILDING  
STRESS MANAGEMENT WORKSHOP  
ORGANIZATIONAL BEHAVIOR TRAINING  
COMMUNICATION AND PERSONALITY DEVELOPMENT TRAINING**

## ABOUT

JST Consultants is a professional team building, personality development, organizational behavior, skill and competency training wing under JST Corp.

JST Consultants assists government organizations, INGOs and NGOs and private organizations to build staff efficiency, motivation, personality and strengthen teamwork of the organization.

JST Consultants works with prominent national and international trainers in customizing the required workshop, constructing comprehensive audio/visual training materials, creating a supportive environment for a result-oriented team training to strengthen the human resource potential in an organization.

### TEAM BUILDING WORKSHOPS

JST Consultants' team-building workshops and trainings contribute towards employee motivation and trust-building among the employees, thereby ensuring better productivity at work.

The sessions help teams develop better cooperation and coordination, help individuals in teams to discover their potential as leaders, develop communication skills, boost employee morale, leading towards

### PROFESSIONAL SKILL BUILDING

JST Consultants' professional skill-building enables individuals to think independently in strategic, systematic and critical ways to construct innovative solutions, make more effective decisions and excel in their respective areas with good attributes. It teaches to strengthen the core communication and interpersonal skills an individual will need to perform any job successfully and advance in career.

### COMMUNICATION AND PERSONALITY DEVELOPMENT

JST Consultants conducts communication and personality development workshops to enhance and groom one's outer and inner self which boosts confidence, improves communication abilities and brings a positive change in life. We focus mainly on sessions that help enhance language speaking abilities, widening one's scope of knowledge, developing certain hobbies or skills, learning professional etiquettes and manners, building and developing relationships, helping in career growth and financial needs,

### ORGANIZATIONAL BEHAVIOR TRAINING

Organizational behavior trainings help understand the fundamentals of human behavior with the context of organizations and their environments, contributing towards the development of a positive and productive work environment, high motivation and job satisfaction. JST Consultant's OB training focuses on strengthening the organizational behavior of employees and this covers aspects like abilities, learning, and its theories, values, job satisfaction, performance analysis, personality and decision

### STRESS MANAGEMENT WORKSHOPS

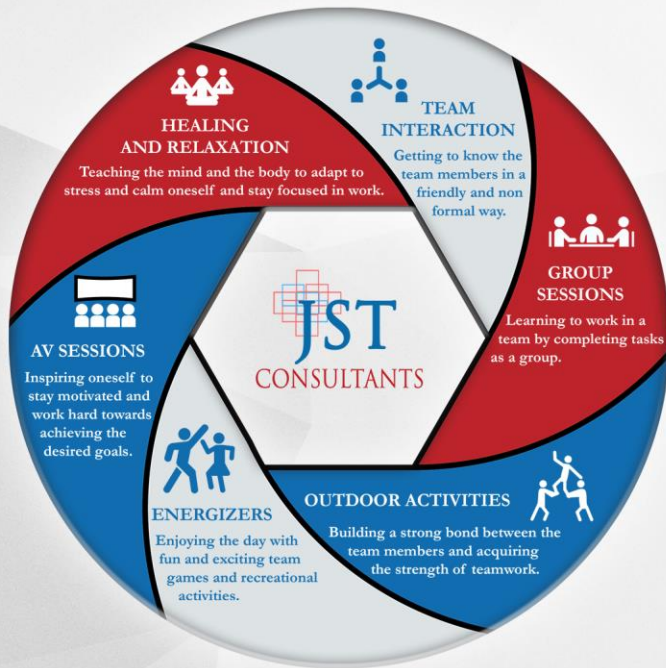
JST Consultants' stress management workshop focuses on identifying and understanding the key stressors within your organization, reducing the level of stress among employees, increasing productivity, reducing the cost of absenteeism and presenteeism at work, and reducing your organization's risk exposure to workplace stress.

## ORGANIZATIONAL RETREATS

Organizational retreats are a way for you and your team to regain focus and get back on track. Countless hours of effort go into getting rubber to the pavement to ensure your organization continues moving forward. Through retreats, an organization can be sure to accomplish its collective goals.

JST Consultants plans and manages organizational retreats for all group sizes and budgets. All the program contents, logistics, stay and accommodation facilities are taken care of at JST's partner hotels and resorts.

## METHODOLOGIES



## CONTENTS



## SOME OF OUR VALUED CLIENTS

JST Consultants over the years has had the opportunity to work with many prominent organizations. Few of our valued clients and partners are as below :





  
**JST**  
CONSULTANTS

**JST CONSULTANTS**  
Bakhundol, Lalitpur, Nepal  
+977 1 5908901  
[consultants@jstcorpnepal.com](mailto:consultants@jstcorpnepal.com)  
[www.jstcorpnepal.com/consultants](http://www.jstcorpnepal.com/consultants)

(JST Consultants is a branch under JST Corp Pvt. Ltd.)